



Athlete Guide

5-6 April 2025



ADNEC
مجموعة أدنيك GROUP
A MUDON Company

 **Abu Dhabi**
Sports Council

Welcome to Abu Dhabi!

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Abu Dhabi
Sports Council

CHALLENGE
SIR BANI YAS



Welcome to the inaugural Challenge Sir Bani Yas, the first full-distance triathlon in the Middle East. Held under the patronage of His Highness Sheikh Hamdan Bin Zayed Al Nahyan, Ruler's Representative in Al Dhafra Region, this landmark event brings together elite athletes to compete in one of the most breathtaking locations in the world—Sir Bani Yas Island.

At ADNEC Group, we are committed to delivering world-class sporting events that inspire excellence and endurance. This triathlon testament to the power of human determination, set against a stunning backdrop of nature and history. We welcome you to this extraordinary challenge and celebrate your dedication to pushing boundaries. May this experience leave a lasting mark on your journey as an athlete. Wishing you all a successful and unforgettable race.

Humaid Matar Al Dhaheri

Managing Director and Group CEO of ADNEC Group

Welcome to Abu Dhabi!

ADNEC
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Abu Dhabi
Sports Council

CHALLENGE
SIR BANI YAS



We are delighted to welcome you to the inaugural edition of the Sir Bani Yas Challenge 2025, held on Sir Bani Yas Island, one of the largest islands and nature reserves in Abu Dhabi, which is home to thousands of animals and millions of trees and plants.

At the Abu Dhabi Sports Council, we take great pride in offering a distinguished lineup of races for various age groups, including dedicated junior races and community races. We welcome athletes of all ages and skill levels, whether they are striving to achieve a personal best or eager to embark on a truly unique experience.

We are in for a weekend filled with sports, adventure, and family-friendly activities, and I am pleased to invite you all to Sir Bani Yas Island to take advantage of this unique opportunity to visit one of the largest nature reserves in the UAE.

Finally, I would like to extend my sincere gratitude and appreciation to the event sponsors and partners, who are an essential part of our success, including ADNOC, Etihad Airways Experience Abu Dhabi, and the UAE Triathlon Federation. I also wish everyone the best of luck and hope you have an enjoyable time full of excitement and challenge!

H.E. Aref Hamad Al Awani

Secretary General, Abu Dhabi Sports Council



Dear Athletes,

Welcome to the inaugural Challenge Sir Bani Yas!

I'd like to acknowledge the support and patronage of His Highness Sheikh Hamdan Bin Zayed Al Nahyan, Rulers Representative in Al Dhafra Region which has enabled us to enrich the world of triathlon with this ground-breaking event. We have an exciting weekend ahead as we make triathlon history with the region's first long distance triathlon, alongside the middle and Olympic distance races.

Thanks to the vision and hard work of the ADNEC team, along with the support of the Abu Dhabi Sports Council, it is an honour to bring triathlon to such a unique and spectacular location, joined by many of the world's best athletes racing alongside thousands of age group athletes on the beautiful Sir Bani Yas Island! I have no doubt this weekend will establish Challenge Sir Bani Yas as a must-do race on the world's triathlon calendar!

Thank you for your passion and commitment to race Challenge Sir Bani Yas and for your trust in Challenge Family. I also express my thanks to the entire Challenge Sir Bani Yas team who have worked so hard to bring this race to you. And special thanks must go to the countless volunteers, local stakeholders, sponsors as well as the local community for their support.

Challenge Family is all about the athlete and I know you will experience this for yourself with the friendly, welcoming and inclusive atmosphere that prevails at all our races around the globe and especially so here with not only a full triathlon programme, but a host of community events for all ages and abilities. The exceptional Middle Eastern hospitality, the fast course and unforgettable setting all combine to create a memorable race experience.

I wish you all the very best for your race and see you at the finish line!

Jort Vlam

CEO - Challenge family

Key Dates - Race Weekend at A Glance

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Sports Council

CHALLENGE
SIR BANI YAS

FRIDAY 4 APRIL 2025

- Race Village opens at 9am – race pack collection, bike technical support and a variety of exhibitors will assist and enhance your race experience.
- Race course familiarisation and bike racking.
- Lunch and relaxation on the beach followed with a DJ sunset session.
- Dinner on the beach.
- Race Briefings for Pro Athletes and Age Group Triathletes.

SATURDAY 5 APRIL 2025

- 5:00am – Race Village Opens.
- Main Day of Racing - All Triathlons and water based races.
- Excursions and entertainment for family members, friends and athletes who have completed their races.
- Finish line festival to encourage and 'carry' our athletes across the finish line.

SUNDAY 6 APRIL 2025

- Race Village Opens at 7am for Bike check-out and Community Race Prep.
- Island excursions, relaxation and a variety of entertainment to choose from on the beach.
- Community Cycle and Running Races.
- Community Races event award ceremony.
- Lunch on the beach.
- Long distance event awards ceremony.




Schedule

Friday 4 April

 TIME	 CATEGORY	 ACTIVITY
09:00	Race Village Opens	
09:00 - 18:00	ATHLETE	Race Pack Collection - SBY Terminal Beach Race Village
09:00 - 18:00	ATHLETE	Mechanical support - open all day
09:30 - 17:00	ATHLETE	Bike & run course familiarization
09:30 - 18:00	ATHLETE	Transition check-in and bike racking (Long, Middle and Olympic)
10:30 - 12:00	ATHLETE	Swim course familiarization (session 1)
12:00 - 15:00	ALL	Lunch on the beach / Race Village
15:00 - 16:00	Pro Athletes	Pro Athlete swim course familiarization
16:00 - 17:00	ATHLETE	Race Briefing - Pros (Race Village)
16:00 - 17:00	ATHLETE	Swim course familiarization (session 2)
17:15 - 18:00	ATHLETE	Race Briefing - Age Group, All Triathlon Distances (Race Village)
18:00	ALL	Meet the Pro's
18:00 - 21:00	ATHLETE	Welcome Dinner & Entertainment
21:00	Race Village Closes	

Schedule

Saturday 5 April

 TIME	 CATEGORY	 ACTIVITY
05:00	Race Village Opens	
05:30 - 6:40	ATHLETE	Transition zone final check (placement of nutrition) - Long Distance
05:30 - 18:00	ATHLETE	Mechanical support - open all day
From 06:00	ATHLETE	Bag Drop facility opens
06:30	ATHLETE	Swim Start check-in - Long Distance
06:45		Final Swim Brief - Long Distance - Start Pens
07:00	ATHLETE	Race Start: Long Distance Triathlon
07:30 - 09:30	ATHLETE	Race Pack Collection (Middle Distance - Race Village)
07:30 - 10:00	PRO ATHLETE	Transition zone final check (placement of nutrition) - Pro Athletes
07:30 - 10:15	ATHLETE	Transition check-in and bike racking or final check - Middle Distance
07:30 - 13:15	ATHLETE	Transition check-in and bike racking - Olympic Distance
07:30 - 18:00	ATHLETE	Race Pack Collection for community races - Race Village
10:15	PRO ATHLETE	Swim Start check-in - Middle Distance Pro Athlete / Gun shot
10:30	PRO ATHLETE	Race Start: Middle Distance Triathlon - Professional Men
10:40	PRO ATHLETE	Race Start: Middle Distance Triathlon - Professional Women
10:40	ATHLETE	Swim Start check-in - Middle Distance
10:45	ATHLETE	Final Swim Brief - Middle Distance - Start Pens

Schedule Saturday 5 April

Continued

 TIME	 CATEGORY	 ACTIVITY
11:00	ATHLETE	Race Start: Middle Distance Triathlon - Age Groupers
15:10	ATHLETE	Swim Start check-in - Olympic Triathlon
15:00 - 00:00	ATHLETE	Bike check out - middle distance
15:15	ATHLETE	Final Swim Brief - Olympic Distance - Start Pens
15:30	ATHLETE	Race Start: Olympic Distance Triathlon
16:00	ATHLETE	Swim Start check-in - Community Swim
16:15	ATHLETE	Final Swim Brief - Community Swim - Start Pens
16:30	ATHLETE	Race Start: Community Swim
16:30	ATHLETE	Community Race Start - Swim 1600m
16:45	ATHLETE	Community Race Start - Swim 800m
17:00	ATHLETE	Community Race Start - Swim 400m
17:15	ATHLETE	Community Race Start - Swim 200m
16:30	ATHLETE	Kayak Launch Check-in
17:00	ATHLETE	Race Start: Community Mangrove Sunset Kayaking
17:30	ATHLETE	Swim Start check-in - Beach Games
18:00	ATHLETE	Community Race - Beach Games
18:30	ALL	Dinner and Finish Line Entertainment
17:30 - 19:00	ATHLETE	Awards Ceremony Community Swim and Olympic Triathlon Races
19:15 - 19:30	PRO ATHLETE	Awards Ceremony Pro Men and Women
19:30 - 20:15	ATHLETE	Awards Ceremony Age Group Middle Distance Race
0:00	ATHLETE	Triathlon Long Course - Last Athlete Finishes

Schedule Sunday 6 April

⌚ TIME	🏆 CATEGORY	🏃 ACTIVITY
07:00 - 14:00	ATHLETE	Bike Check-out All Triathlon Races
09:00	ATHLETE	Race Start: Community Cycle 90km
09:30	ATHLETE	Race Start: Community Cycle 60km
10:00	ATHLETE	Race Start: Community Cycle 30km
10:00	ATHLETE	Race Start: Community Run 10km
10:10	ATHLETE	Race Start: Community Run 5km
10:15	ATHLETE	Race Start: Community Run 2.5km
11:00-12:30	ALL	Awards ceremony on terminal beach - Community Races - rolling ceremonies
11:30 - 12:30	ALL	Awards ceremony - Long Distance Triathlon, lunch and entertainment
15:00	ALL	Venue closes





Abu Dhabi
Sports Council



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TOWARDS A WORLD SPORTING CAPITAL

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Event Venue



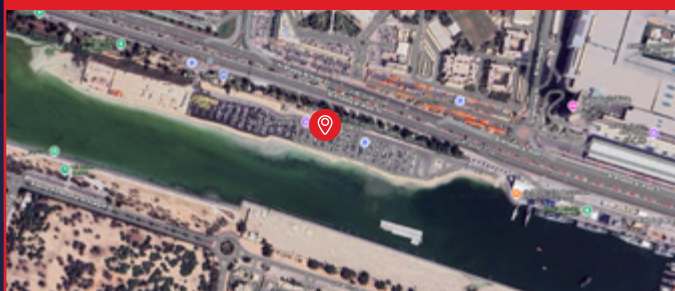
Competition Breakdown

Discipline	Race Category	Age Eligibility	Distance		
Age Group	Age Group		Swim	Cycle	Run
Triathlon	Challenge Middle Distance - Individual	18+	1.9km	96km	21.1km
	Challenge Middle Distance - Team	18+	1.9km	96km	21.1km
	Challenge Long Distance - Individual	18+	3.8km	180km	42.2km
	Challenge Long Distance - Team	18+	3.8km	180km	42.2km
Pro Category	Pro Category		Swim	Cycle	Run
Pro Triathlon	Pro Athlete Middle Distance	18+	1.9km	96km	21.1km
Community Events	Side Events		Swim	Cycle	Run
Triathlon	Challenge Olympic Distance - Individual	18+	1.5km	45km	10km
	Challenge Olympic Distance - Team	16+	1.5km	45km	10km
Open Water Swim	Swim Challenge	6+	200m		
	Swim Challenge	6+	400m		
	Swim Challenge	8+	800m		
	Swim Challenge	12+	1600m		
Cycle	Cycle Challenge (30km flat)	12+		30km	
	Cycle Challenge (60km climb)	16+		60km	
	Cycle Challenge (90km climb)	19+		90km	
Run	Run Challenge (2.5km)	All Ages			2.5km
	Run Challenge (5km)	9+			5km
	Run Challenge (10km)	12+			10km
Aquathlon	Beach Games (Swim and Dash)	12+	100m		100m
Kayak / Canoe	Mangrove Kayak/Canoe Sprints	8+	200m		
	Mangrove Kayak/Canoe Sprints	10+	400m		
	Mangrove Kayak/Canoe Sprints	12+	600m		

Transportation

TRANSFERS FROM ADNEC CENTRE ABU DHABI/AL DHANNAH CITY

Pick-up Point:
ADNEC Centre Abu Dhabi, Marina D
https://maps.app.goo.gl/WN3FGSJcVDiDzos58?g_st=iw



A complimentary shuttle bus service will operate from ADNEC CENTRE Abu Dhabi to Jebel Dhannah Port. The journey will take approximately 3.5 hours.

Participants staying in Al Dhannah City can use the complimentary shuttle bus from Al Dhannah City Mall to Jebel Dhannah Port. The journey will take approximately 30mins

Please note:

All participants must arrive 30 minutes before departure to ensure a timely transfer.

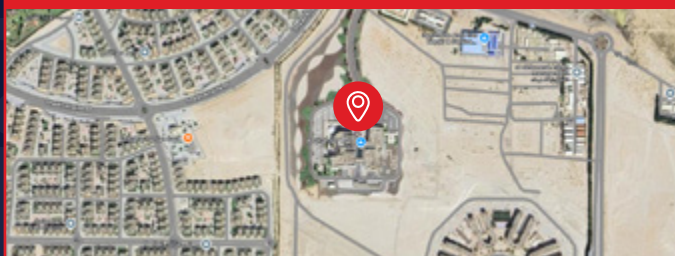
Bicycles will be transported from the same departure points. While our service provider will take necessary precautions to ensure the safety of your bike, the organizer is not responsible for any damages incurred during transit.

Click here to book your shuttle - all passengers need to complete a booking

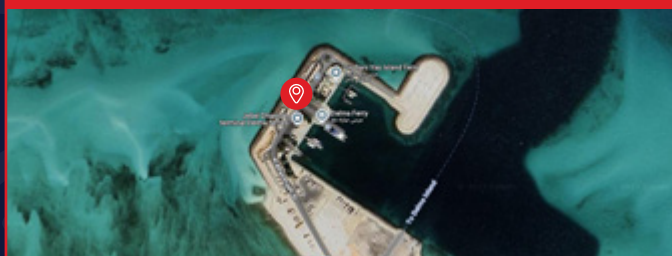
SELF-DRIVE OPTION

Participants and their supporters can choose to self-drive directly to Al Dhannah City or Abu Dhabi city. Free parking will be available at both locations, and vehicles can be left safely while you participate in the event.

Al Dhannah City (Mall)
<https://maps.app.goo.gl/q67GQ3UWorMeZ1gk7>



Jebel Dhannah Ferry Port
<https://maps.app.goo.gl/1RbiPc1TcbRoA2do9>



FERRY TRANSFERS

A complimentary ferry service will run between Jebel Dhannah Port and Sir Bani Yas Island from Friday to Sunday, accommodating all athletes and supporters staying off-island.

Ferry duration: 30–45 minutes, depending on the type of ferry.

For those bringing unboxed bicycles, select ferries will have bicycle racks for safe transport.

Please note:

You must register to access the Island and transport services via the shared link.

Visit the website via the link below for the latest ferry schedule. Please plan your travel accordingly and ensure your registration is complete to access the provided services

**REGISTRATION FOR FERRY TO ACCESS
THE ISLAND IS COMPULSORY**

**EVERY VISITOR NEEDS TO PRE-REGISTER
ON THE LINK BELOW**

Click here to Register to access the Ferry & Island

Transportation

Continued

Schedule is correct at time of publishing, times are approximate subject to operational conditions - please check the website for the latest schedule before you travel.

DATE	ROUTE 4	ROUTE 4 (RTN)	ROUTE 3	ROUTE 2	ROUTE 1
Departure point	Abu Dhabi Departures from ADNEC Centre Abu Dhabi Marina D	Departures from Jebel Dhannah Ferry Port	Al Dhannah City	Sir Bani Yas Island FERRY POINT	SBY Island Hotels
Arrival Destination	Jebel Dhannah Ferry Port	ADNEC Centre Abu Dhabi Marina D	Jebel Dhannah Ferry Port	Event Village	Event Village
Journey Time	3hrs	3hrs	30min	30min	15min
Friday 4	6:00	16:00	Shuttle service running every 30 mins starting from:	Shuttle service running every 30 mins starting from:	4 April: 08:30 – 20:00
	8:00	18:00	06:00 – 22:00	06:30 – 22:00	Al Yamm: Shuttle running every 45 mins
	10:00	20:00		SBY FERRY POINT	Desert Island: Shuttle running every 30 mins
					Al Sehil: Shuttle running every 30 mins
Saturday 5	4:00	18:00	Shuttle service running every 30 mins starting from:	Shuttle service running every 30 mins starting from:	5 April: 04:45 – 01:15 (6 April)
	7:00	20:00	03:00 – 02:00	04:00 – 01:00	Al Yamm: Shuttle running every 45 mins
	9:00	23:00			Desert Island: Shuttle running every 30 mins
					Al Sehil: Shuttle running every 30 mins
Sunday 6	2:00	16:00	Shuttle service running every 30 mins starting from:	Shuttle service running every 30 mins starting from:	6 April: 06:30 – 17:15
	4:00	17:30	05:00 – 17:00	06:30 – 17:00	Al Yamm: Shuttle running every 45 mins
	5:00	18:30			Desert Island: Shuttle running every 30 mins
					Al Sehil: Shuttle running every 30 mins

Ferry and Speedboat ferry Transfers

Ferry Schedule - 4,5,6 April 2025

- Ferries are the only option for participants with bikes. All bikes must be transported on ferries equipped with dedicated bike racks.
- Approx. 45-minute crossing time

Friday 04 April - Departures:

08:30 | 09:30 | 10:00 | 11:00

Friday 04 April - Returns:

16:30 | 17:30 | 18:30 | 19:30

Saturday 05 April - Departures:

06:00 | 06:30 | 07:30 | 08:00 | 09:00 | 09:30 | 11:00

Saturday 05 April Returns:

17:00 | 18:00 | 18:30 | 19:30 | 20:00 | 21:00 | 22:00

Sunday 06 April - Departures:

05:30 | 06:00 | 07:00 | 07:30 | 08:30 | 09:00

Sunday 06 April - Returns:

12:00 | 12:30 | 13:30 | 14:00 | 15:00 | 15:30 | 16:30 | 17:00 | 18:00

Spaces are limited so please book as soon as possible to secure your preferred timing.

Speedboat Ferry Schedule - 4,5,6 April 2025

- Not suitable for participants with bikes. All bikes must be transported on ferries equipped with dedicated bike racks.
- Approx. 30-minute crossing time

Friday 04 April

Continuous service every 30 minutes from 08:30 to 23:00

Saturday 05 April

Continuous service every 30 minutes from 04:00 to 02:00 (following day)

Sunday 06 April

Continuous service every 30 minutes from 06:00 to 23:00

BOOK TODAY - Please ensure your **Island Access registration** is complete to access the transport services.

Important Notes:

Due to port requirements all participants and their accompanying family and friends are required to register to board the complimentary ferry. Please ensure all those attending complete the below form and have their QR Code ready to be scanned.

All times are approximate and subject to operational conditions.

All participants with bikes must book a ferry; speedboats ferry will not accommodate bicycles.

Before the Competition

REGISTRATION AND RACE PACK COLLECTION

To take part in Challenge Sir Bani Yas, in the Triathlon or Community Races, you will need to register and collect your race pack before your designated race. Race pack collection will take place at the below locations and times.

Race Pack Collection Point

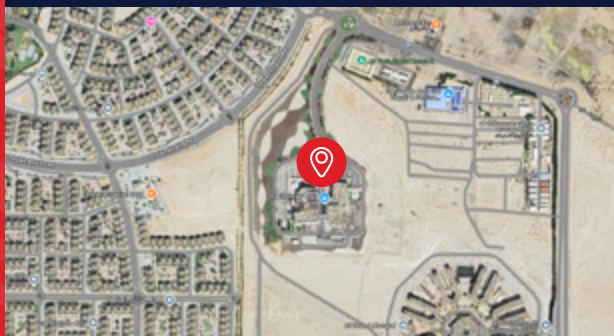
AL DHANNAH MALL, AL DHANNAH CITY

Date	Opening Times	Race Categories
Wednesday 2 April	11:00 am – 21:00 pm	All (No timing chips)*

*Timing chips to be collected at the registration tent within the Race Village prior to your race.

Al Dhannah City (Mall)

<https://maps.app.goo.gl/q67GQ3UWorMeZ1gk7>



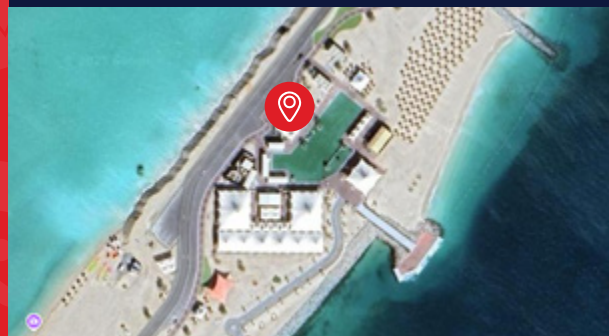
Race Pack Collection Point

RACE VILLAGE – SIR BANI YAS ISLAND

Date	Opening Times	Race Categories
Friday 4 April	09:00 am – 18:00 pm	All
Saturday 5 April	07:30 am – 17:00 pm	All except Long Distance (refer to full schedule on pg.6)
Sunday 6 April	07:00 am – 09:30 am	Community Events Only

Race Village – Sir Bani Yas Island

<https://maps.app.goo.gl/xkvL6apPyimevku9A>



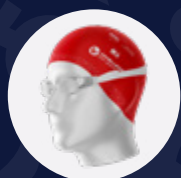
If you have entered online, you will have already agreed to our indemnity form however, you may still be asked to complete an indemnity on site if you have not completed the online indemnity.

IMPORTANT

When collecting your race pack, please bring a valid photo identification. Without photo ID, you will not be able to collect your race pack and wristband. If you are registering and collecting a race pack on behalf of a friend or family member, you will need to show a copy of their race entry and their ID.

Your Race Pack

Your 2025 Challenge Sir Bani Yas Race Pack will contain the following:



**BRANDED
SWIM CAP - FOR
TRIATHLON
AND SWIMMING
EVENTS.**



**RACE
ENVELOPE**

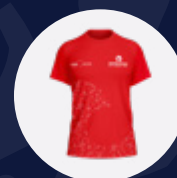


**ATHLETE
IDENTIFICATION
PACK**

(including race
number, sticker sheet,
and wristband).



**EVENT
RACE BAG**



EVENT T-SHIRT

All athletes will collect
their participant T-shirts
at Race Pack Collection.

Note: Your Timing Chip

- For Triathlons, Cycling and Swimming Races : Timing Chips are issued to athletes at race pack collection within the Race Village, and need to be handed back on the finish line.
- For the Community Run events, your bib number will contain a timing chip - there is no need for you to collect any additional timing chip.
- The Mangrove Kayak and Beach games do not require timing chips.

SWIM CAP

Triathletes and Swimmers will receive a swim cap as part of their race pack. Each category has an individual swim cap colour. You will need to wear your designated swim cap during the swim. Don't forget to check your start time and start in the correct wave.

RACE NUMBER

You must know your race number in order to receive your Race Pack. Your race number will be published on our website when online registration has been closed. Each competitor will receive a unique race number. Triathletes need to attach the race number using a race belt. While cycling, your number should be worn on your back. While running, your number must be worn on your front.

BIKE SEAT POST STICKER

Please attach this sticker onto the seat post so that the number is clearly visible from both the left and right sides.

WRISTBAND

Wristbands will act as your access to the race that you have registered for and related areas. For Triathletes, wristbands must be worn from the time you register until the time you check your bike out of transition after the race. If you do not have a corresponding wristband, you will not be allowed to check your bike in or out of transition.

HELMET STICKER

Triathletes and Cyclists will have three helmet stickers, please stick the number to the front, left and right of your helmet for photography purposes.

Your Race Pack

Continued

BAG STICKER

Attach the bag sticker to the strap of your race bag, before you leave your bag at the bag drop area. To collect your bag, ensure that you are wearing your wristband with the corresponding number.

TIMING CHIPS

For all Triathletes, Swimmers and Cyclists, you will collect your timing chip at Race Pack Collection within the Race Village. Your chip will be activated for you by the timing staff and you must wear this particular timing chip provided to you by the race organisers. Before your race, securely fasten your chip around your left ankle and do not remove it during the competition. After your race, please remove your ankle strap with the timing chip from your ankle and hand it to one of the chip collection staff after the finish line.

Important

Timing chips must be handed in at the end of the race before leaving the finish area. You will be charged AED300 for your chip if you fail to return it.

BAG DROP

There will be a bag drop available on race day in the Race Village where you can safely store your bag while you compete.

Important

Your race number sticker must be attached to your race bag before you leave it at the bag drop. For the Community Events, the bag drop staff will tag your bag with your corresponding race number on your wristband. To collect your bag, ensure you are wearing your wristband with the corresponding number.

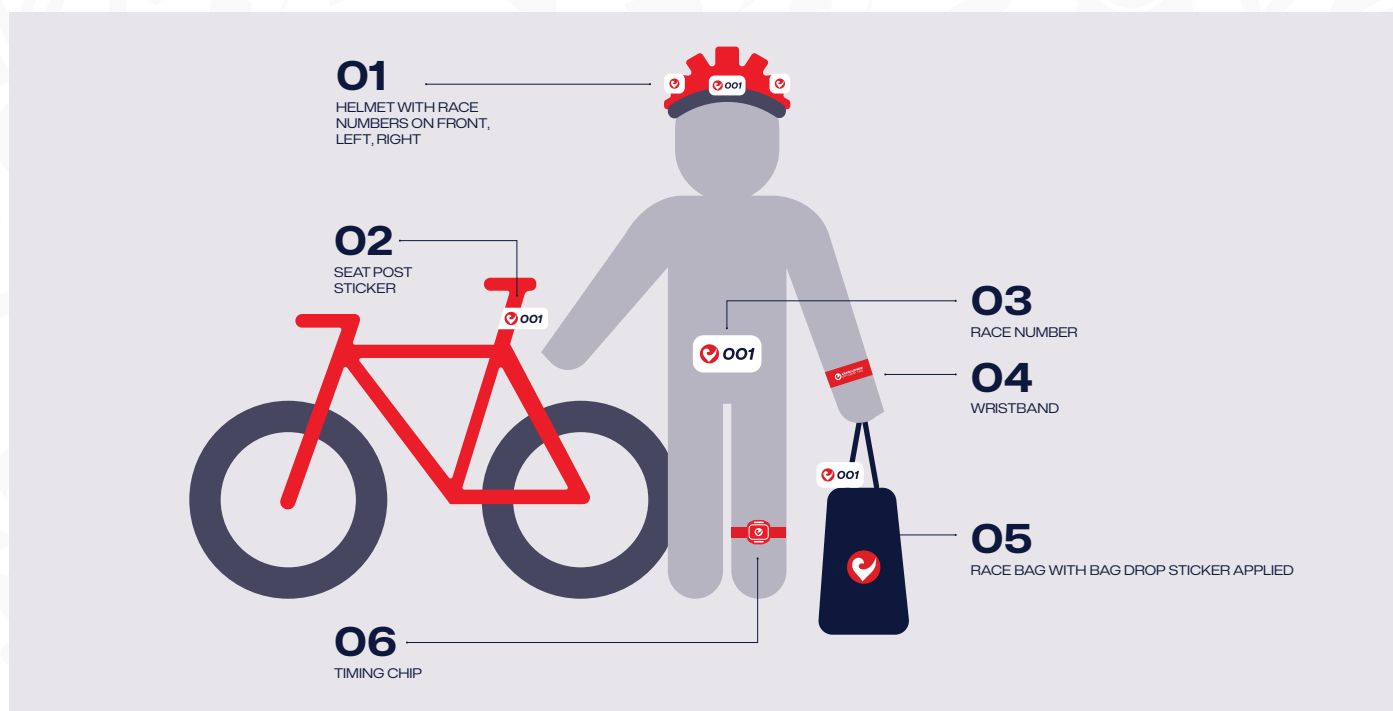
RACE BRIEFING

Please read this guide thoroughly to cover the details around your race preparation.

A live Race Briefing will take place in the village for all Triathlon Categories with an opportunity to ask any final questions you may have - briefing times as follows:

- Pro-Athlete Middle Distance
Triathlon: 16:00 - 17:00
- Age Group Long, Middle and Olympic Distance
Triathlon: 17:15 - 18:00

Your final race briefing will take place on the start line 15 minutes before you start.



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Triathlon Transition Check-In

Date	Race Category	Time	Notes
Friday 4 April	Long, Middle and Olympic Distance	09:30 - 18:00	Transition check-in and bike racking (Long and Middle)
Saturday 5 April	Long Distance	05:30 - 06:40	Transition zone final check and placement of run equipment and nutrition.
	Pro-Athletes	07:30 - 10:00	Transition zone final check and placement of run equipment and nutrition
	Age Group Middle Distance	07:30 - 10:15	Transition check-in and bike racking or final check
	Olympic Distance	07:30 - 13:15	Transition check-in and bike racking

During check-in, a safety check will be carried out on your bike and helmet. Please ensure the following for a quick and efficient bike check-in:

Safety First – your bike must be in good working order or you will not be allowed to start.



Helmets straps checked.



Handlebar plugs must be present and secure, and brakes must be in good working order.



Ensure your tyres are pumped to the correct pressure.



To ensure bikes remain secure, entry into and exit from transition is controlled by wristband and race numbers. Please have your wristband and race numbers ready for inspection for bike check-in.



All bikes must be racked personally onto the racking area which is allocated to your event distance. Each racking area will be marked according to your race number and distance category. Racking positions will be numbered individually.



Only registered athletes are allowed in transition – no family or friends please.



Transition Set-Up

Ensure that your race equipment is arranged neatly next to your bike within the area allocated to you. Please be mindful of other competitors when setting up your transition area. No equipment is allowed in the aisles, before or during the competition. Personal belongings, other than your race equipment, are not allowed in transition and should be safely stored at the bag drop.

Bike Technical Support

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Sports Council

CHALLENGE
SIR BANI YAS



BIKE MECHANIC SERVICES

Our bike partner, Wolfi's, will offer bike mechanic support and will be available in the Race Village during athlete check-in on race day.

Date	Venue	Open Times	Task Description
Friday 4 April	Race Village - Transition Zone	09:00 - 18:00	Unboxing (pre-bookings only) and basic
Saturday 5 April	Race Village - Transition Zone	05:30 - 18:00	Basic Mechanical support
Sunday 6 April	Race Village - Wolfis Stand	07:00 - 14:00	Boxing (pre-bookings only) and basic Mechanical support

Note – while minor tweaks and repairs will not be charged for, our bike technical partner (Wolfi's) may charge for any repairs they deem fit and all spares including tubes, cables and spokes will be charged for. Bike unboxing and boxing is also a chargeable service. For further details or to book a time slot, please see contact details below.

Event Partner	Location	Phone	Email
Wolfi's	Wolfi's Stand in the Event Race Village	+971 800 965 347	rental-hud@wolfis.ae

Need a Bike for Challenge Sir Bani Yas?

Wolfi's Bike Rental at Al Hudayriyat Island, Abu Dhabi, has you covered!

Gear up for the ultimate triathlon experience at Challenge Sir Bani Yas with a high-quality bike rental from Wolfi's. Enjoy a hassle-free, convenient rental service so you can focus on the race. Your bike will be ready for you at the event. Book your bike today and ride with confidence!

Rental bike collection will be from the Wolfis stand within the Race Village on Sir Bani Yas Island.

RENT A BIKE

<https://wolfis.ae/pages/rental-bikes>



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IN ABU DHABI**
AL HUDAYRIYAT ISLAND

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The Competition

START TIMES

Final briefings will take place 15 minutes before the start of each wave at the swim start assembly point on Terminal Beach.

Saturday 5 April 2025

Competition	Race Start Time	Estimated End
Triathlon - Long Distance (Age Groups)	07:00	00:30
Triathlon - Middle Distance Pro Men	10:30	14:10
Triathlon - Middle Distance Pro Women	10:40	14:30
Triathlon - Middle Distance (Age Groups)	11:00	19:30
Triathlon - Olympic Distance	15:30	19:30
Community Race - Swim 1600m	16:30	17:15
Community Race - Swim 800m	16:45	17:15
Community Race - Swim 400m	17:00	17:15
Community Race - Swim 200m	17:15	17:30
Community Race - Sunset Kayaking	17:00	18:00
Community Race - Beach Games	18:00	19:00

Sunday 6 April 2025

Competition	Race Start Time	Estimated End
Community Race - Cycle 90km	09:00	12:30
Community Race - Cycle 60km	09:30	11:45
Community Race - Cycle 30km	10:00	11:15
Community Race - Run 10km	10:00	11:30
Community Race - Run 5km	10:10	10:45
Community Race - Run 2.5km	10:15	10:35

The Swim

WETSUIT USE

The water temperature is taken one hour before the start of each event. Using the below table, the start official will announce whether or not wetsuits will be permitted to be worn during the swim. Notice will be posted at the information centre in the race village, as well as at the swim start.

AGE GROUP

Race Distance	Forbidden	Mandatory
Up to 1500m	22°C and above	15.9°C and below
1501m and longer	24.6°C and above	15.9°C and below

The water temperatures and ambient air temperatures will be monitored in accordance with the World Triathlon competition rules. Final instructions regarding any of the changes due to temperatures will be announced 1 hour before each race start time.

The average race course water temperature for April at the race venue is 23-27 degrees.

SWIM COURSE CUT-OFF TIMES

Race Distance	Cut-off Time (time lapsed after your race start time)
Long distance	2h 20 minutes
Middle Distance	1h 10 minutes
Olympic Distance	50 minutes



SWIM START

- Each category will be self seeded in a rolling start format to provide all athletes with the best possible start experience.
- The swim start assembly point is located on Terminal Beach which is positioned on the southeast of the island and offers calm waters.
- Please arrive at the swim start 20 minutes before your start wave.
- Please listen to and comply with announcements from staff and officials.
- Technical Officials will call each category forward into the start pens prior to the beginning of the rolling start.
- If you are a strong and competent swimmer, you may wish to place yourself towards the front of the start line up for your category. For those less experienced or nervous, we would suggest placing yourself towards the back of the rolling start for your wave.
- As you reach the water's edge for the start, you will be instructed when to enter the water by the officials.
- Your race time does not start until you cross the start line underneath the start arch, regardless of where you are positioned within the category start.

SWIM COURSE DESCRIPTION

Launch yourself into the turquoise crystal-clear waters of the Arabian Gulf. The swim course loop is positioned on the southeast of the island, protected from swells, and offering calm waters. Average water temperature: 23 - 27 degrees.

- The length of the swim course is as follows:
 - Long Distance = 3.8km
 - Middle Distance = 1.9km
 - Olympic Distance = 1.5km
- Community Swim = 200m, 400m, 800m or 1600m
- All age group swim courses flow in an anti-clockwise direction.
- All age group swim starts will operate off a rolling start format.
- Lifeguards from our swim safety team will guide you and help if needed.
- If you get into difficulty, lie on your back and raise your arm. A lifeguard will come to your aid and, if necessary, arrange a safety boat to take you out of the water.
- For the Community Swim you will need to run through the finish line on the beach.
- For Triathlon Categories, you must follow the signs to transition and then follow the signage to your allocated bike rack. Transition marshals will be present should you need assistance.
- After your swim, wetsuits (if allowed) may only be rolled down as far as your hips until you reach your bike. Wetsuits can be removed completely only when you have reached your bike rack. Please place your wetsuit next to your bike rack in a tidy fashion in your transition box.

Transition



Change at
your rack.



Put your helmet
on and securely
fasten it **BEFORE**
removing your
bike from the
rack.



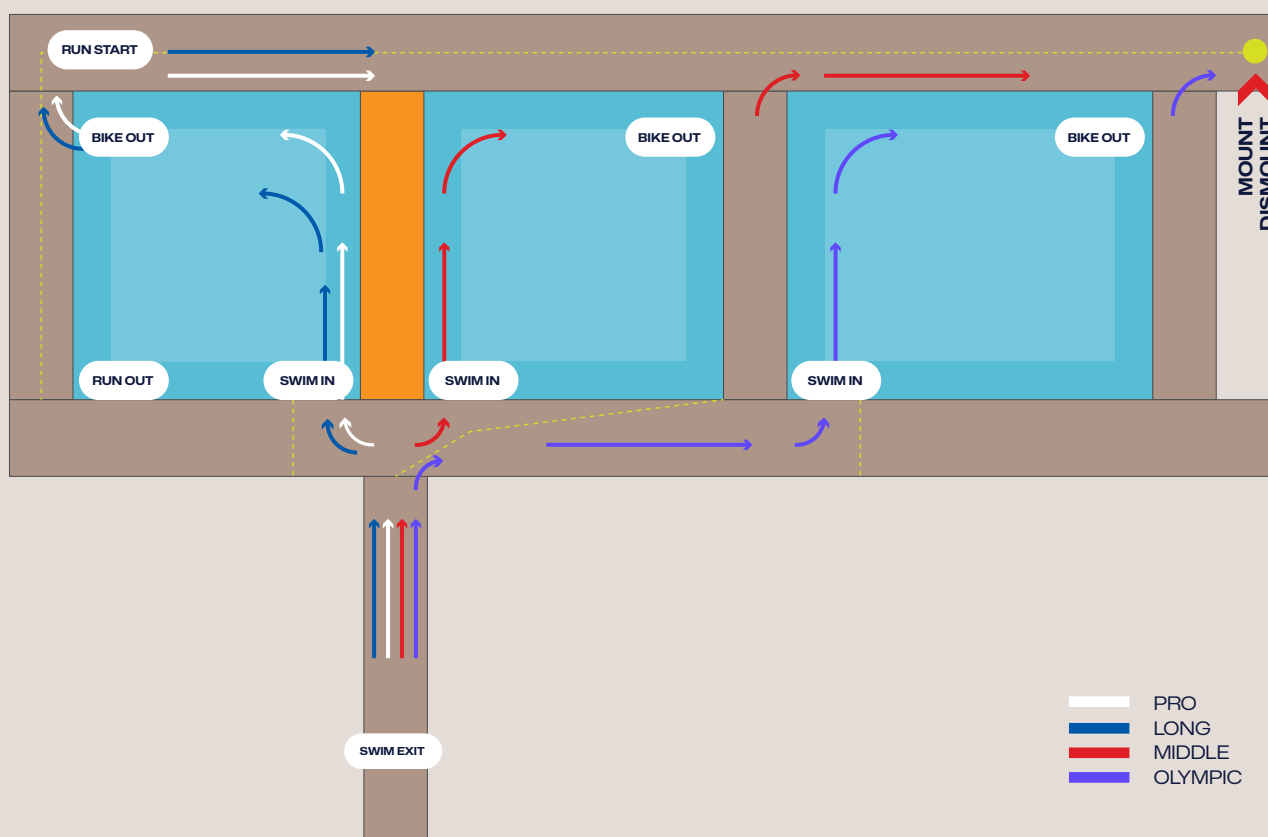
Ensure that you
are still wearing
your timing chip
on your ankle for
the bike section
– if not, report
this to officials in
transition.



Please note that
nudity is strictly
forbidden.

Please make
use of the
change rooms
provided in the
transition zone.

SWIM TO BIKE



BIKE COURSE CUT-OFF TIMES

Race Distance	Forbidden	Cut-Off Time
Long Distance	180km	10 hours and 30 minutes
Middle Distance	96km	5 hours and 30 minutes
Olympic Distance	45km	2 hours
Community Cycle	90km	If not started last lap within 2 hours - then cut-off and given a 60km time
Community Cycle	60km	Course Cut-Off 12:30pm
Community Cycle	30km	Course Cut-Off 12:30pm

If you are unable to complete your race within the allocated time frame, you will be asked to leave the course and your result will be listed as DNF (Did Not Finish).

BIKE COURSE DESCRIPTION

Loop of the island ring road circuit. The flat smooth and fast rolling surface of the Island ring road takes you around the entire Island. However, your climbing legs will also be tested as you traverse the inter-connecting roads reaching up to 100m above the sea level, offering you glorious views of the island. All with the added benefit of no traffic to contend with. Average daytime temperature: 26 - 33 degrees. Bike Course rules:

- A clothed upper body is mandatory.
- No personal music devices are permitted.
- The mount line is located shortly after exiting transition.
- The bike loops incorporate public roads on the Island.
- You are responsible for keeping a count of the number of laps yourself. During the race, timing mats on the course will verify whether you have completed the whole lap and the correct number of laps corresponding to their race course.
- Athletes are instructed to ride on the right and overtake on the left-hand side.
- Triathletes:
 - Do not return to transition until you have completed all of your laps.
 - After you complete your final lap, move into transition, where you will be instructed to dismount BEFORE the dismount line.
- **Penalty Boxes** – the locations of the penalty boxes are indicated on the route maps. It is the athletes' responsibility to check if they have been issued with a penalty, and then to serve out the penalty in the demarcated area as per the World Triathlon Competition Rules.
- **Bike Mechanic Zones** – the locations of the mechanic zones are indicated on the route maps. This service will be available for athletes on course. It is the athlete's responsibility to carry out all necessary minor repairs.

Nutrition / Aid Stations

AID STATIONS ON THE BIKE COURSE

On the cycle course, aid stations will provide a variety of hydration depending on which station it is:

- Water
- Water bottles (bottles for easy exchange)
- Electrolyte drinks
- Energy gels and bars
- Bananas & Oranges
- Red Bull/water mixed
- Savoury Foods
- Basic mechanical support (limited)
- Medical

Aid Station frequently on the cycle course

- Aid stations are positioned approximately every 15-20kms.

Bringing your own nutrition and hydration:

- If athletes require any specific and personal nutrition and/or hydration, they are encouraged to carry this themselves.

Toilets

- Select Aid stations will have portable toilets available. Check the course map for specific locations.

Steer clear of the deer ring your bell!

Sir Bani Yas wildlife reserve makes up more than half of this incredible island and is home to more than 17,000 free-roaming animals, including Arabian oryx, gazelles, giraffes, hyenas, and cheetahs. Many of the antelope are free roaming on sections of the bike course so please exercise caution and use this bell to pre-warn the antelope of your presence.



DRAFTING RULES - TRIATHLON

- Drafting off another athlete or motor vehicle is forbidden.
- Athletes must reject any attempts by others to draft. An athlete is entitled to any position on the course, provided they get to that position first, and without contacting others. When taking a position, an athlete must allow reasonable space for others to make normal movements without making contact. Adequate space must be available before passing. An athlete who approaches from any position to take advantage of the draft is responsible for avoiding the draft.

An athlete may enter a bike draft zone in the following circumstances:

- If the athlete enters the draft zone and progresses through it within 20 seconds then completes the overtaking manoeuvre.
- For safety reasons 100m before and after an aid station or transition area.
- During an acute turn.
- If the technical delegate excludes a section of the course because of narrow lanes, construction, detours or other safety reasons.

DRAFTING PENALTIES

- It is forbidden to draft in a race declared as 'draft illegal' (all Triathlon races are DRAFT ILLEGAL).
- Athletes who draft are subject to a time penalty sanction and will be notified by Technical Officials.

- Sanctioned athletes must stop in the next penalty box and follow directions from the referee.
- It is the sanctioned athlete's responsibility to stop in the next Penalty Box. Failing to do so will result in disqualification.

The Penalty for Drafting is:

- Long Distance – 3 minutes
- Middle Distance – 2 minutes
- Olympic Distance – 1 minute
- 2 drafting penalties will result in a DSQ

OVERTAKING

- An athlete is passed when another athlete's front wheel is ahead of theirs.
- Once overtaken, an athlete must move out of the draft zone of the leading athlete within 5 seconds.
- Athletes must keep to their side of the course and not create a blocking incident. Blocking is where an athlete who is behind cannot pass due to the leading athlete being poorly placed on the course.

Drafting Rules - Community Cycle

For the Community Cycle, riders will be allowed to draft, therefore no TT Bikes or TT bars are permitted, only road bikes and conventional bikes will be allowed on course for this event.



Transition 2



Refer to transition flow diagrams.



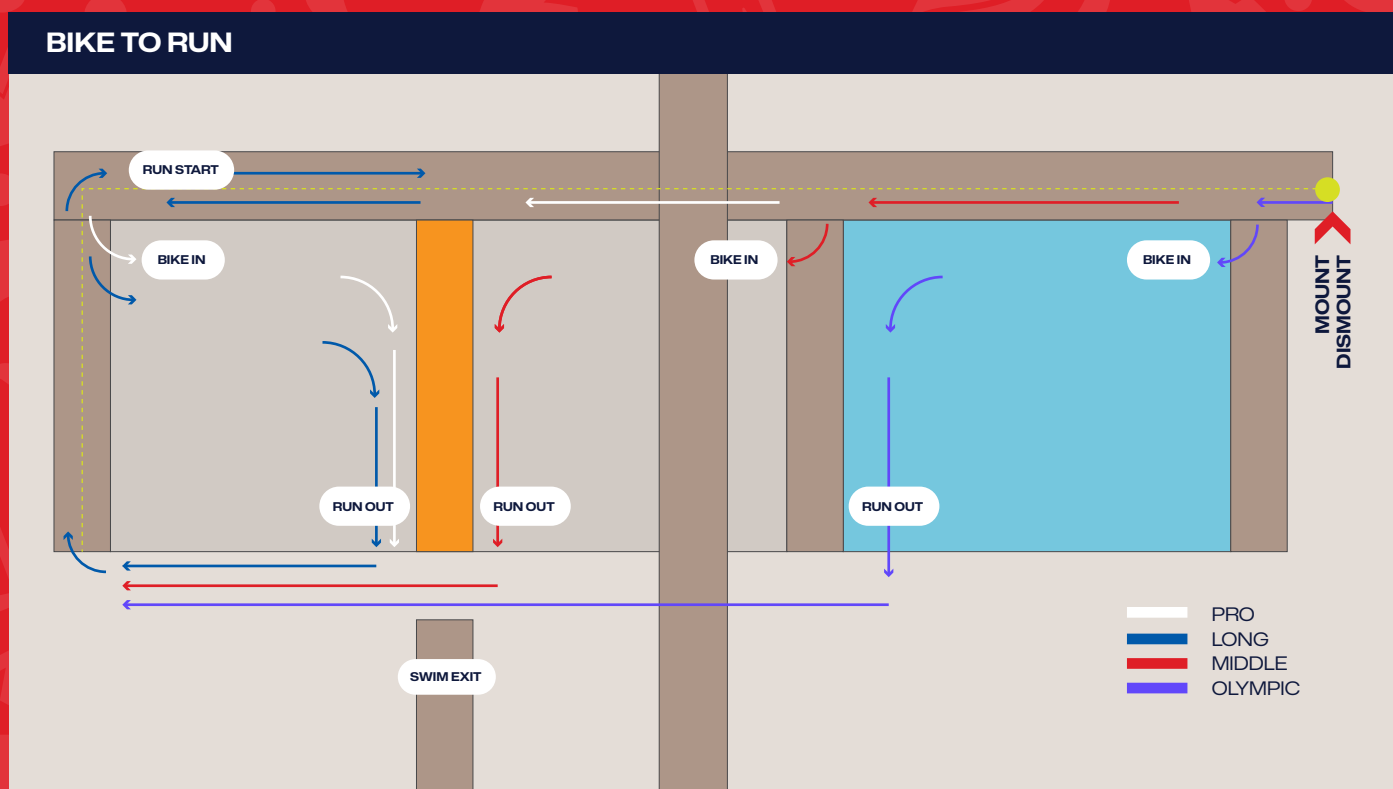
All riders must dismount **BEFORE** the dismount line at transition and push your bike to its racking position.



Bikes must be returned to the same racking position.



Helmets may only be unclipped and removed once your bike is racked.





RUN COURSE DESCRIPTION

A flat coastal run featuring multiple loops through the heart of the race village. With one of the most scenic and distinctive routes, runners are treated to stunning views of the aqua blue Arabian Gulf and rugged natural landscapes, culminating in a breathtaking finish. Average daytime temperature: 26 - 29 degrees.

- While running, race numbers must be worn on your front.
- A clothed upper body is mandatory.
- No personal music devices are permitted.
- After you complete your final lap, enter the finish chute.
- You are responsible for counting the correct number of laps according to your race course. After the race, a timing mat on the run course will verify whether you have completed the correct number of laps. Athletes will be disqualified for not completing the correct number of laps corresponding to your race course.
- Penalty Boxes – the locations of the penalty boxes are indicated on the route maps. It is the athletes responsibility to check if they have been issued with a penalty, and then to serve out the penalty in the demarcated area.

Race Distance	Distance	Total Race Cut-Off Time
Long Distance	42.2km	17 hours
Middle Distance	21.1km	8 hours
Olympic Distance	10km	4 hours
Community Run	10km	no
Community Run	5km	no
Community Run	2.5km	no

If you are unable to complete your race within the allocated time frame, you will be asked to leave the course and your result will be listed as DNF (Did Not Finish).

Nutrition / Aid Stations

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SIR BANI YAS

AID STATIONS ON THE RUN COURSE:

Aid stations on the run course will be stocked with a variety of hydration depending on which station it is:

- Water
- Stealth Energy gels
- Sprite and or Coke
- Energy bars
- Oranges
- Bananas
- Stealth Electrolytes
- Ice
- Savoury foods
- Coffee

Aid Station frequently on the run course:

- Aid stations are located approximately every 1.5km to keep you hydrated and fuelled throughout the run.

Toilets

- Select Aid stations will have portable toilets available. Check the course map for specific locations.



Relay Teams

If you are competing as part of a Relay Team, each individual team member must attend registration. All team members must present a valid photo ID and sign the indemnity form before they receive their wristband. Each team will receive a race pack containing the following:

- 3x wristband, one for each team member.
- 1 swim cap to be worn by the swimmer.
- 1 sticker sheet, to be used on the cyclist's bike and helmet as demonstrated under the race pack section of this guide.
- 1 race number to be worn on the runner's front.

All relay team members must be fitted with a wristband at registration. All relay team members will be allowed access into transition.

The handover zone is inside transition. You must attach your timing chip to your teammate's left ankle before they are allowed to start their own leg of the race.

To avoid congestion, only the cyclist should be in the handover zone ready for the changeover from the swim course to bike race. Likewise, only the runner should be in the handover zone for the changeover from bike race to running. During the race, three relay team members should never be in the handover zone at the same time.



Relay Team



SWIMMER

Wear the timing chip around your left ankle. After your swim, run into transition and, at the handover zone, attach your timing chip to the left ankle of your cyclist.

CYCLIST

In the handover zone, your helmet must be on your head, securely fastened. Wait for your swimmer to attach the timing chip to your left ankle before you leave the handover zone. Remove your bike from its rack and make your way to the mount line. After the cycle you must rack your bike in its original position before running to the handover zone where you will attach the timing chip around your runner's left ankle.



RUNNER

In the handover zone, be ready with your race number on your front. After the bike has been racked, your cyclist will run to the handover zone and place the timing chip around your left ankle, following which you can then proceed onto your run. Make sure your race number is visible on your front as you cross the finish line.

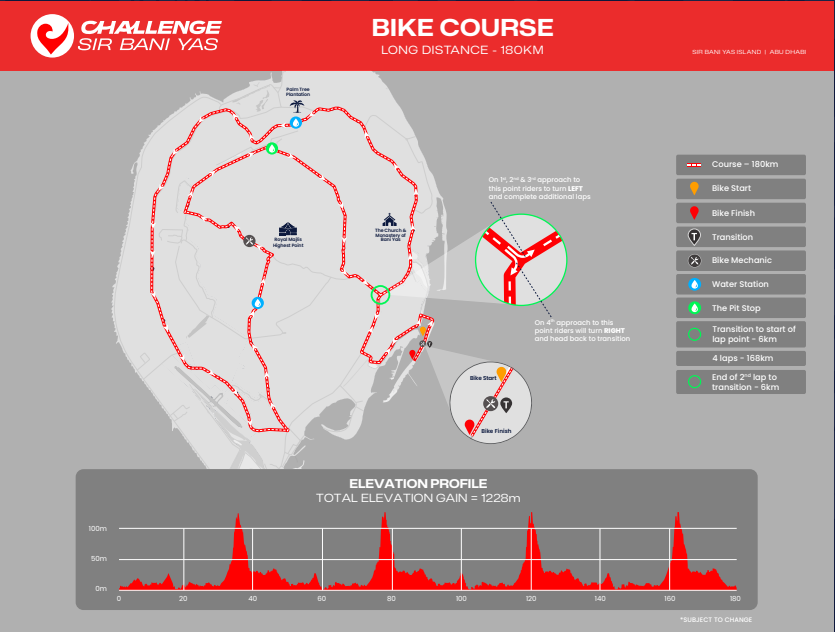
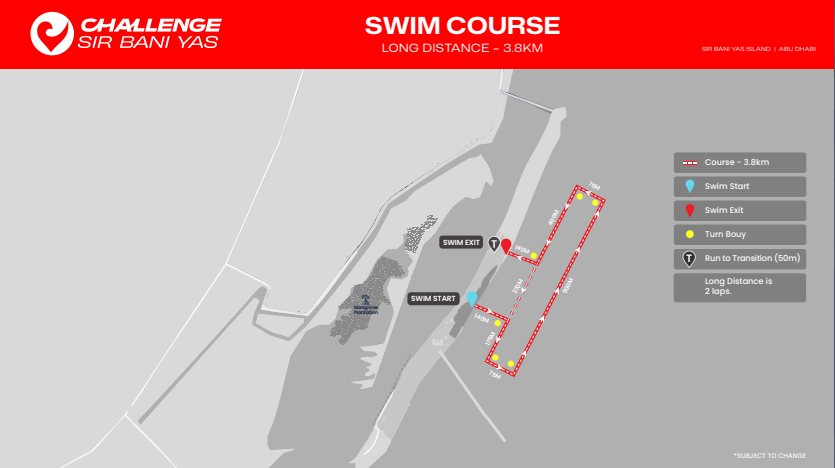


FINISHING TOGETHER

All relay athletes can finish the race as a team. There is a designated relay team meeting point at the beginning of the finish chute. When your runner enters the finish chute, you will be given access so you and your team can cross the finish line together.

Course Maps

LONG DISTANCE TRIATHLON



Course Maps

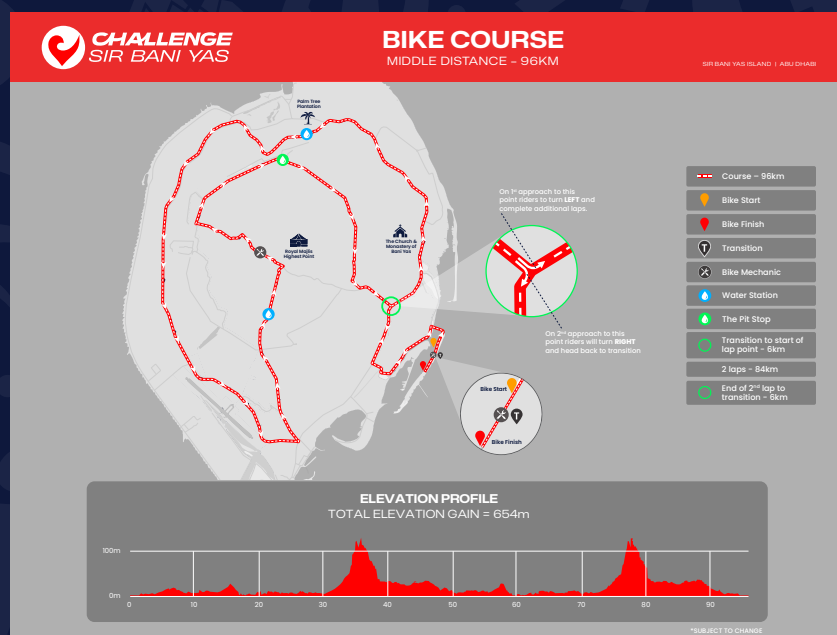
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CHALLENGE
SIR BANI YAS

MIDDLE DISTANCE - (PRO-ATHLETE AND AGE GROUP)



Course Maps

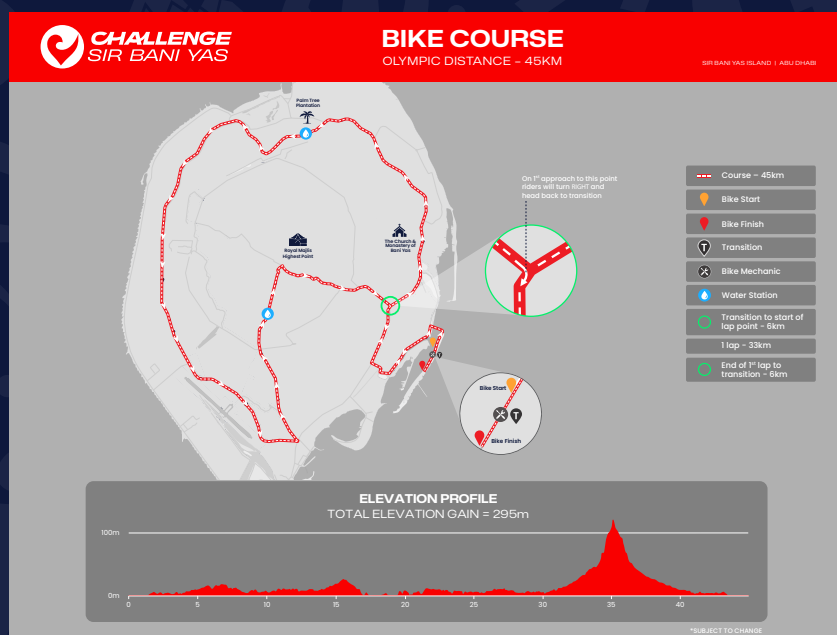
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SIR BANI YAS

OLYMPIC DISTANCE



After Your Race



MEDALS AND RECOVERY

After the finish line, head to the recovery area where you will receive your finisher medal and refreshments..



TIMING CHIPS

All timing chips must be returned in the finish area immediately after the race. Failure to do so will result in a AED300 fine which will be charged by the Organiser after the event.



BAG COLLECTION

After exiting the athlete recovery zone, you will be able to collect your bag from the bag drop area.



MEDICAL ASSISTANCE

First Aid and Emergency Medical Services will be available during the event – throughout competition times as well as during course familiarisations, to provide any medical attention or emergency transfers by ambulance to a nearby hospital or to the medical centre provided at the event village finish area.



RESULTS

After the competition, provisional results will be available online on the event website shortly after the race. There will be podium awards for the race categories so stick around to congratulate our winners. All finishers will also receive a digital results certificate.



After Your Race

Continued

STAGE AWARD CATEGORIES

Please note that the online results will be displayed by age category for personal records only, and therefore may not match the award categories below.

Organizers reserve the right to adjust awards based on final participation numbers in each category

Saturday 5 April 2025

Pro Middle Distance Triathlon	Men/ Women					
Professional Race	1st EUR 5,000	2nd EUR 2,900	3rd EUR 1,900	4th EUR 1,200	5th EUR 900	6th EUR 600

Community SWIM - 200M	Men			Women		
u8 years	1st	2nd	3rd	1st	2nd	3rd
u10 years	1st	2nd	3rd	1st	2nd	3rd
u12 years	1st	2nd	3rd	1st	2nd	3rd
12+ years(Open)	1st	2nd	3rd	1st	2nd	3rd

Community SWIM - 400M						
u10 years	1st	2nd	3rd	1st	2nd	3rd
u14 years	1st	2nd	3rd	1st	2nd	3rd
u18 years	1st	2nd	3rd	1st	2nd	3rd
18-39 years (Open)	1st	2nd	3rd	1st	2nd	3rd
40+ years (Veterans)	1st	2nd	3rd	1st	2nd	3rd

Community SWIM - 800M						
u10 years	1st	2nd	3rd	1st	2nd	3rd
u14 years	1st	2nd	3rd	1st	2nd	3rd
u18 years	1st	2nd	3rd	1st	2nd	3rd
18-39 years (Open)	1st	2nd	3rd	1st	2nd	3rd
40+ years (Veterans)	1st	2nd	3rd	1st	2nd	3rd
60+ years (Super Veterans)	1st	2nd	3rd	1st	2nd	3rd

Community SWIM - 1600M						
u18 years	1st	2nd	3rd	1st	2nd	3rd
18-23 years	1st	2nd	3rd	1st	2nd	3rd
24-39 years (Open)	1st	2nd	3rd	1st	2nd	3rd
40-49 years (Masters)	1st	2nd	3rd	1st	2nd	3rd
50-59 years (Veterans)	1st	2nd	3rd	1st	2nd	3rd
60+ years (Super Veterans)	1st	2nd	3rd	1st	2nd	3rd

After Your Race

Continued

Olympic Triathlon	Men			Women		
18-23 years	1st	2nd	3rd	1st	2nd	3rd
24-39 years	1st	2nd	3rd	1st	2nd	3rd
40-49 years	1st	2nd	3rd	1st	2nd	3rd
50-59 years	1st	2nd	3rd	1st	2nd	3rd
60+	1st	2nd	3rd	1st	2nd	3rd
Teams - Mixed Gender	1st					
Teams - Male Female	1st			1st		
Middle distance Triathlon						
18-23 years	1st	2nd	3rd	1st	2nd	3rd
24-29 years	1st	2nd	3rd	1st	2nd	3rd
30-34 years	1st	2nd	3rd	1st	2nd	3rd
35-39 years	1st	2nd	3rd	1st	2nd	3rd
40-44 years	1st	2nd	3rd	1st	2nd	3rd
45-49 years	1st	2nd	3rd	1st	2nd	3rd
50-54 years	1st	2nd	3rd	1st	2nd	3rd
55-59 years	1st	2nd	3rd	1st	2nd	3rd
60-64 years	1st	2nd	3rd	1st	2nd	3rd
65-69 years	1st	2nd	3rd	1st	2nd	3rd
70+ years	1st	2nd	3rd	1st	2nd	3rd
Teams - Mixed Gender	1st					
Teams - Male Female	1st			1st		

After Your Race

Continued

Sunday 6 April 2025

Community Run - 2.5KM	Men			Women		
u6 years	1st	2nd	3rd	1st	2nd	3rd
u8 years	1st	2nd	3rd	1st	2nd	3rd
u10 years	1st	2nd	3rd	1st	2nd	3rd
u12 years	1st	2nd	3rd	1st	2nd	3rd
u16 years	1st	2nd	3rd	1st	2nd	3rd
16-59 years (Open)	1st	2nd	3rd	1st	2nd	3rd
60+ (Veterans)	1st	2nd	3rd	1st	2nd	3rd
Community Run - 5KM						
u10 years	1st	2nd	3rd	1st	2nd	3rd
u12 years	1st	2nd	3rd	1st	2nd	3rd
u16 years	1st	2nd	3rd	1st	2nd	3rd
16-39 years (Open)	1st	2nd	3rd	1st	2nd	3rd
40-49 years (Masters)	1st	2nd	3rd	1st	2nd	3rd
50-59 years (Veterans)	1st	2nd	3rd	1st	2nd	3rd
60+ (Super Veterans)	1st	2nd	3rd	1st	2nd	3rd
Community Run - 10KM						
u12 years	1st	2nd	3rd	1st	2nd	3rd
u16 years	1st	2nd	3rd	1st	2nd	3rd
16-39 years (Open)	1st	2nd	3rd	1st	2nd	3rd
40-49 years (Masters)	1st	2nd	3rd	1st	2nd	3rd
50-59 years (Veterans)	1st	2nd	3rd	1st	2nd	3rd
60+ (Super Veterans)	1st	2nd	3rd	1st	2nd	3rd

After Your Race

Continued

Community Cycle - 30KM	Men			Women		
u14 years	1st	2nd	3rd	1st	2nd	3rd
u18 years	1st	2nd	3rd	1st	2nd	3rd
18-23 years	1st	2nd	3rd	1st	2nd	3rd
24-39 years	1st	2nd	3rd	1st	2nd	3rd
40-49 years	1st	2nd	3rd	1st	2nd	3rd
50-59 years	1st	2nd	3rd	1st	2nd	3rd
60+	1st	2nd	3rd	1st	2nd	3rd
Community Cycle - 60KM						
u23 years	1st	2nd	3rd	1st	2nd	3rd
23-39 years	1st	2nd	3rd	1st	2nd	3rd
40-49 years	1st	2nd	3rd	1st	2nd	3rd
50-59 years	1st	2nd	3rd	1st	2nd	3rd
60+	1st	2nd	3rd	1st	2nd	3rd
Community Cycle - 90KM						
u23 years	1st	2nd	3rd	1st	2nd	3rd
23-39 years	1st	2nd	3rd	1st	2nd	3rd
40-49 years	1st	2nd	3rd	1st	2nd	3rd
50-59 years	1st	2nd	3rd	1st	2nd	3rd
60+	1st	2nd	3rd	1st	2nd	3rd
Long Distance - Age Group						
18-23 years	1st	2nd	3rd	1st	2nd	3rd
24-29 years	1st	2nd	3rd	1st	2nd	3rd
30-34 years	1st	2nd	3rd	1st	2nd	3rd
35-39 years	1st	2nd	3rd	1st	2nd	3rd
40-44 years	1st	2nd	3rd	1st	2nd	3rd
45-49 years	1st	2nd	3rd	1st	2nd	3rd
50-54 years	1st	2nd	3rd	1st	2nd	3rd
55-59 years	1st	2nd	3rd	1st	2nd	3rd
60-64 years	1st	2nd	3rd	1st	2nd	3rd
65-69 years	1st	2nd	3rd	1st	2nd	3rd
70+ years	1st	2nd	3rd	1st	2nd	3rd
Teams - Mixed Gender	1st					
Teams - Male Female	1st			1st		



**CHOOSE
QUALITY**

**CHOOSE
AL AIN**



After Your Race

Continued



LOST AND FOUND

Any lost and found which has been handed in, can be collected from the Race Village Information Desk.



BIKE CHECK-OUT

Bike check-out is at the same location as bike check-in. If you do not have a corresponding wristband, you will not be allowed to check your bike out of transition.



HEAT ILLNESS

In order to prevent heat illness, please familiarise yourself with the guidelines created by the World Triathlon Medical Committee.

BIKE CHECK-OUT TIMES

Date	Race Category	Time	Notes
Saturday 5 April	Middle Distance and Long Distance	15:00 - 00:30	TZ Bike Check-out
	Olympic Distance	18:00 - 00:30	TZ Bike Check-out
Sunday 6 April	All Triathlon Races	7:00 - 14:00	TZ Bike Check-out

All bikes must be removed before bike check-out closing time – the organisers reserve the right to remove any unclaimed equipment after this time.

The Championship Qualification

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Sports Council

CHALLENGE
SIR BANI YAS

Challenge Sir Bani Yas is a qualifying race for The Championship.

HOW TO SECURE YOUR SLOT:

Age Groupers:

1

One slot is awarded to each of the top six (6) finishers in each male and female age group increment. Slots will be awarded in both the full distance and the middle distance races.

2

Slots will roll down in each category up to 12th place.

3

Qualifiers will have four (4) weeks to confirm their spot after qualifying at Challenge Sir Bani Yas.

4

Qualifiers will receive their slot by email after the race.

Professional Athletes

1

One slot for each of the top six (6) male professional finishers in the middle distance race.

2

One slot for each of the top six (6) female professional finishers in the middle distance race.

3

Slots will not roll down.



QUALIFY NOW!
18 MAY 2025

www.thechampionship.de


**CHALLENGE
FAMILY**



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the universe of sports, leisure
and innovation

The Championship Qualification

Challenge Sir Bani Yas is a qualifying race for The Championship.



HOW TO SECURE YOUR SLOT

AGE GROUPERS

- One slot is awarded to each of the top six (6) finishers in each male and female 5-year age group increment. Slots will be awarded in both the full distance and middle-distance races.
- Slots will roll down in each category up to 12th place.
- Qualifiers will have four (4) weeks to confirm their spot after qualifying at Challenge Sir Bani Yas.
- Qualifiers will receive their slot by e-mail after the race.

PROFESSIONAL ATHLETES

- One slot for each of the top six (6) male professional finishers in the middle-distance race.
- One slot for each of the top six (6) female professional finishers in the middle-distance race.
- Slots will not roll down.



Qualification for Team UAE

Challenge Sir Bani Yas has been confirmed as a qualification race for resident athletes in the UAE to qualify for TEAM UAE.

Qualifiers must first meet the following eligibility requirements:

1

Be either a UAE national or a UAE resident who has a valid residency for 2 consecutive years.

2

The athlete must be 18 years or older

3

The athlete must be a valid member of the UAE Triathlon Federation.

4

The athlete cannot have raced in a World Triathlon Grand Final event representing another country for a period of 2 years.



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Host Federation



Bike Technical Support Sponsor



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CHALLENGE
SIR BANI YAS

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Longevity Wellness hub, Al Quoz 1, Dubai



CHALLENGE FAMILY

RACE CALENDAR 2025

	CHALLENGE SIR BANI YAS 🇦🇪 ABU DHABI, 5-6 APR 2025	🏊 LONG MIDDLE
	CHALLENGE FLORIANÓPOLIS 🇧🇷 BRAZIL, 6 APR 2025	MIDDLE
	CHALLENGE TAIWAN 🇹🇼 TAIWAN, 26 APR 2025	🏊 LONG MIDDLE OLYMPIC
	CHALLENGE MOGÁN-GRAN CANARIA 🇪🇸 SPAIN, 26 APR 2025	MIDDLE
	CHALLENGE GALLIPOLI 🇹🇷 TÜRKIYE, 4 MAY 2025	MIDDLE
	CHALLENGE CESENATICO 🇮🇹 ITALY, 11 MAY 2025	MIDDLE
	CHALLENGE SALOU 🇪🇸 SPAIN, 11 MAY 2025	MIDDLE
	THE CHAMPIONSHIP 🇸🇰 SLOVAKIA, 18 MAY 2025	MIDDLE
	CHALLENGE ST PÖLTEN 🇦🇹 AUSTRIA, 25 MAY 2025	MIDDLE
	CHALLENGE GUNSAN-SAEMANGEUM 🇰🇷 KOREA, TBC 2025	🏊 LONG
	LOTTO CHALLENGE GDAŃSK 🇵🇱 POLAND, 22 JUN 2025	MIDDLE
	CHALLENGE KAISERWINKL-WALCHSEE 🇦🇹 AUSTRIA, 29 JUN 2025	MIDDLE
	SAIL CHALLENGE CAP QUÉBEC 🇨🇦 CANADA, 29 JUN 2025	MIDDLE OLYMPIC
	CHALLENGE SANDEFJORD 🇳🇴 NORWAY, 29 JUN 2025	MIDDLE
	DATEV CHALLENGE ROTH 🇩🇪 GERMANY, 6 JUL 2025	🏊 LONG
	CHALLENGE NEW JERSEY STATE 🇺🇸 USA, 20 JUL 2025	OLYMPIC
	CHALLENGE TURKU 🇫🇮 FINLAND, 27 JUL 2025	MIDDLE
	CHALLENGE SAMARKAND 🇺🇿 UZBEKISTAN, 24 AUG 2025	MIDDLE
	CHALLENGE MALAYSIA 🇲🇾 MALAYSIA, 31 AUG 2025	MIDDLE
	CHALLENGE FORTALEZA 🇧🇷 BRAZIL, 31 AUG 2025	MIDDLE
	CHALLENGE BEIJING 🇨🇳 CHINA, TBC SEP 2025	OLYMPIC
	SAIL CHALLENGE ESPRIT MONTRÉAL 🇨🇦 CANADA, 7 SEP 2025	MIDDLE OLYMPIC
	CHALLENGE ALMERE-AMSTERDAM 🇳🇱 NETHERLANDS, 13 SEP 2025	🏊 LONG MIDDLE
	CHALLENGE SANREMO 🇮🇹 ITALY, 21 SEP 2025	MIDDLE
	CHALLENGE VIEUX BOUCAU 🇫🇷 FRANCE, 11 OCT 2025	MIDDLE OLYMPIC
	CHALLENGE PEGUERA MALLORCA 🇪🇸 SPAIN, 18 OCT 2025	MIDDLE
	CHALLENGE FORTE VILLAGE SARDINIA 🇮🇹 ITALY, 26 OCT 2025	OLYMPIC
	CHALLENGE BARCELONA 🇪🇸 SPAIN, TBC OCT 2025	OLYMPIC
	CHALLENGE XIAMEN 🇨🇳 CHINA, 2 NOV 2025	MIDDLE OLYMPIC
	CHALLENGE CANBERRA 🇦🇺 AUSTRALIA, 15-16 NOV 2025	MIDDLE OLYMPIC
	CHALLENGE ISRAMAN 🇮🇱 ISRAEL, 30 JAN 2026	🏊 LONG MIDDLE
	GALLAGHER INSURANCE CHALLENGE WĀNAKA 🇳🇿 NEW ZEALAND, 21 FEB 2026	MIDDLE



ALL RACES ARE QUALIFICATION
RACES FOR THE CHAMPIONSHIP

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